



Move on to Year 10

YEAR 9

Essential life skills CT3

- Employability
- Saving and managing your money
- Labour market information
- Finance, budgeting and employment

YEAR 9

Rights and responsibilities CT3

- Social media and online stress
- Stereotypes and prejudice
- Discrimination
- Hate crime

Peer Pressure CT2

- Social Media and reputation
- Peer Pressure
- Conspiracy theories/fake news
- Forms of extremism
- The radicalisation process

Skills taught across PSHE

Listening to others

Contributing to discussions and activities

Analyse and evaluate information, judging its relevance and value

Anticipating – taking and managing risks

Debating issues

Empathising and understanding how another person feels

Awareness of own feelings and understanding what you are feeling

Accessing the knowledge of your rights and responsibilities, knowing how and where to find support

Healthy lifestyle CT1

- Alcohol awareness
- Smoking and vaping
- Drug classifications
- Cannabis products
- Cancer prevention and healthy lifestyle

CT2 RSE

- Contraception explored
- What are STI's
- Delaying sexual activity
- Online safety- safe relationships
- Pornography – myths v reality
- Sexting

YEAR 9

LGBTQ CT2

- Transgender
- Same sex relationships
- Homophobia

Conflict at home/RSE CT2

- Sexual consent and the law
- Relationships and partners
- Domestic conflict
- Homelessness

Mental Health CT1

- Zones of Regulation / managing Stress
- Emotional Literacy
- Self esteem
- Assertiveness

Transition to year 9 CT3

- Growth Mindset
- Managing behaviours to achieve targets

YEAR 9

Curriculum Overview

Welcome Curriculum Overview

Core Theme 1 CT1:

Health and Wellbeing

Core Theme 2 CT2:

Relationships RSE

Core Theme 3 CT3:

Living in the Wider World

